

NEWS & NOTES

YOUR WEEKLY UPDATE ON GFWC NEWS

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May 9, 2024



Registration for the 2024 GFWC Annual Convention is CLOSING SOON

REGISTER NOW



Purchase your <u>Golden Ticket</u> raffle entries!

Choose from beachfront resorts in Los Cabos or Puerto Vallarta to spend 5 nights in a sunny paradise. Both resorts offer stays in the Club Suite Room with one bedroom featuring a king bed, a pull-out sofa, balcony, kitchenette, and two bathrooms, one with a jetted tub. The resorts also offer access to golf courses, a mini-market, a Kids' Club, spa, and wireless internet access. On-site restaurants, bars, and multiple swimming pools give guests plenty to enjoy during their carefree stay in Mexico.

Entry tickets can be purchased <u>online</u>, during Convention registration, or on-site in Chicago.

The New GFWC Member Portal

This opportunity is open to all clubwomen; winners do not need to be present to win.







Register now at memberportal.gfwc.org

Your current account information will be transferred to the new platform. *All users will need to complete a one-time registration using their existing email on the new portal.*

Please read this <u>SUPPORT GUIDE</u> for assistance in creating your profile, downloading files from the Digital Library, and updating your profile information.

It can take 2-3 business days for GFWC staff to approve your profile. We thank you for your patience, as we are experiencing a high volume of requests during this transition.

*If you do not see your club listed under your state federation during registration, please email <u>gfwc@gfwc.org</u> with your official club name and state federation so we can add it.

Make a Difference. Be a GFWC Mediator.

GFWC is now accepting applications for the GFWC Mediator Cohort of 2024 - 2027. GFWC Mediators will be selected to serve a three-year term. The Mediator application is available on GFWC's website. **The deadline to apply is May 31, 2024.**

If you have questions about serving as a GFWC Mediator, contact Membership Director Melanie Gisler at 202-347-3172 or <u>mgisler@gfwc.org</u>.

Download an Application



Cherry Blossom Princesses Visit GFWC

In April, GFWC hosted a luncheon for the 2024 Cherry Blossom Princesses during their time in Washington, DC. These ladies enjoyed a presentation by Sonya Gavankar on volunteerism and how GFWC has shaped her professional career.

The mission of the program is to have the Cherry Blossom Delegates participate in educational, leadership, and cultural activities as they serve their nation and respective state, territory or embassy in a "Washington Classroom" by introducing the participants to many government officials, cultural, military, and business leaders, as well as female role models, who work in the nation's capital.

View Event Photos





Celebrate World Bee Day – May 20

Heifer International invites you to celebrate World Bee Day on May 20! This day of awareness seeks to bring attention to the importance of bees and other pollinators in keeping people and our planet healthy, fed, and beautiful. The practice of beekeeping protects the environment, and Heifer farmers are trained to adopt climate-smart practices like diversifying their farms and producing organic fertilizers.

Honeybees can help a family escape hunger and poverty, which is why we have incorporated them into projects in Honduras, Mexico, and the United States. Farmers who keep bees see increased crop yields, whether they are growing coffee, spices, or vegetables. Plus, they are able to harvest honey during the non-growing season to earn extra income, producing 60 pounds or more of honey each year.

In San Juan Lachao, Mexico, Liboria Pacheco Cortesa joined a group of women known as Mujeres Voladoras, or "Flying Women," as part of Heifer's Beyond Coffee project. Together, the women decided to come as a group to gain fair prices for their organic coffee, develop skills, ensure that the work of women in the coffee value chain is visible, and share resources. In addition to coffee production, Heifer provided them with training on new sources of income so they would be less reliant on coffee alone. They learned about honey and egg production while further developing their business acumen through business and marketing training. Liboria has established herself as a leader, knowledgeable and skilled in the management of the beehives, as well as in the collection and distribution of their Matria brand of honey. Want to learn more about Heifer's work to support farmers and beekeepers? Or do you want to find out how you score on our "Are You Smarter Than a Bee Quiz"? Visit our website: <u>Save the Bees: Why We Need Bees and How They</u> <u>Help the Environment | Heifer International</u>

Are You Simply Inspired or Are You Inspiring?

By Jan Hanson, GFWC Leadership Committee Member

As leaders or potential leaders, it is essential to discover what inspires us. Inspiration can come from many different sources: art, music, literature, nature, meditation, and education, to name a few. Hopefully, LEADS candidates and participants in leadership workshops come away inspired. When you feel inspired, your enthusiasm and emotions rise, contributing to the generation of new ideas. This can result in creating art, problem-solving, and developing innovative concepts. When we are inspired, we experience personal growth, but we need to encourage growth in others. We need to move from becoming inspired to inspiring others. Other people can inspire us so that we can inspire others.

The first step is to share your enthusiasm by encouraging others and genuinely connecting with them. Actively listen to what they are saying. Consider how others inspire you and model their behavior while still being true to yourself. Share your unique experiences and perspectives with others, especially your achievements and successes. Encourage others to explore their path and then share their story.

When inspired, you should make a conscious effort to inspire others. Think of inspiration as a smile that is passed on from person to person. Imagine what can be accomplished when inspiration is shared. And remember, one of the most impactful compliments you can receive is "You inspire me."



Volunteers in Action: GFWC Colorado Woman's Citizenship Club (CO)

Recently, the GFWC Colorado Woman's Citizenship Club was asked to participate in an event known as "Share the Love" by Visit Alamosa, the local marketing district. The event highlighted the theme of "We Love our National Parks," which is celebrated in April. Lori Laske, County Commissioner, and club member acknowledged the club and GFWC for their support of National Parks.

Club members took part in painting a series of murals that depict the San Luis Valley of Colorado. The 12 mural panels will be placed at the Colorado Welcome Center in Alamosa, which is part of an ongoing revitalization project in the community.

Two artists sketched the panels in pencil, and paint was applied using a "paint by number" approach. Hundreds of community members of all abilities, including children, attended and helped paint.

In addition, the club members shared information about the "Into Thin Air" Cranes in Flight project which is a bronze monument of sandhill cranes in flight to be placed near the murals at the Welcome Center. The club members have been raising funds for this monument with completion in 2024.

Submit photos and a short story (4-8 sentences, who, when, what, where) about the awesome things YOUR club is doing in the community to <u>PR@gfwc.org</u>.



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