



# NEWS & NOTES

YOUR WEEKLY UPDATE ON GFWC NEWS

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February 13, 2025

## GFWC: Educational Webinar Offerings



June 6-9, 2025

## Spinning Vision into Reality: Join Us for the 2025 GFWC Annual Convention

This is your chance to reconnect with cherished friends, establish new relationships, and celebrate the unique diversity of our federation. Register today to reserve your spot at this year's Convention. Don't miss key events like GFWC Georgia State Night, Empowerment Through Unity Luncheon, or the premiere event, A Red Affair: Pulse of a Woman Gala!

[REGISTER NOW](#)



Meet the Convention Speakers

**Dr. Benjamin Citrin**

Speaking at

**A Red Affair: Pulse of a Woman Gala**

Join us for the Monday evening banquet – A Red Affair: Pulse of a Woman Gala. Dr. Ben Citrin will provide essential insights into recognizing the unique signs and symptoms of heart disease in women. He will share proactive measures for protecting heart health, along with crucial steps for prevention and early intervention.

Dr. Ben Citrin is the president and founder of Citrin Cardiology, P.C. in Mobile, Alabama. A college graduate of Wake Forest University in Winston-Salem, NC, Dr. Citrin completed medical school, internal medicine residency, and cardiology fellowship at Vanderbilt School of Medicine in Nashville, TN. Following this training, he continued supporting the cardiovascular division through his membership and tenure as President of the Gottlieb C. Friesinger Society. He is board-certified in clinical, interventional, and nuclear cardiology, as well as internal medicine.

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## **GFWC Junior Members & Clubs**

The Junior organization is a vital part of the General Federation of Women's Clubs, and we want to provide junior clubs and members with the best possible experience. To gain a comprehensive knowledge of our junior membership and clubs, GFWC is conducting research to help guide future efforts.

Your responses to a brief survey are confidential and anonymous. Name and email may be provided optionally for future participation and/or incentives but are not collected with aggregate data. *This survey is for members of Junior clubs only.*

This survey will take less than 10 minutes to complete. Please complete the survey by **March 15th**.



## Flight to Honor: When People Care, Wonderful Things Can Happen

By: Sara Dessureau, GFWC Florida President

GFWC Florida is partnering with the organization Flight to Honor to send an all-female group of veterans on a trip to Washington, DC. This group will be composed of 176 GFWC Florida members who have served our country and is the first all-female flight for the organization.

This flight will originate out of Lakeland, FL, on March 11, 2026, and visit the World War II Memorial, Korean War Memorial, Lincoln Memorial, Vietnam Wall, and the Women's Military Memorial. The trip will conclude with a visit to Arlington National Cemetery to witness the Changing of the Guard at the Tomb of the Unknown Soldier.

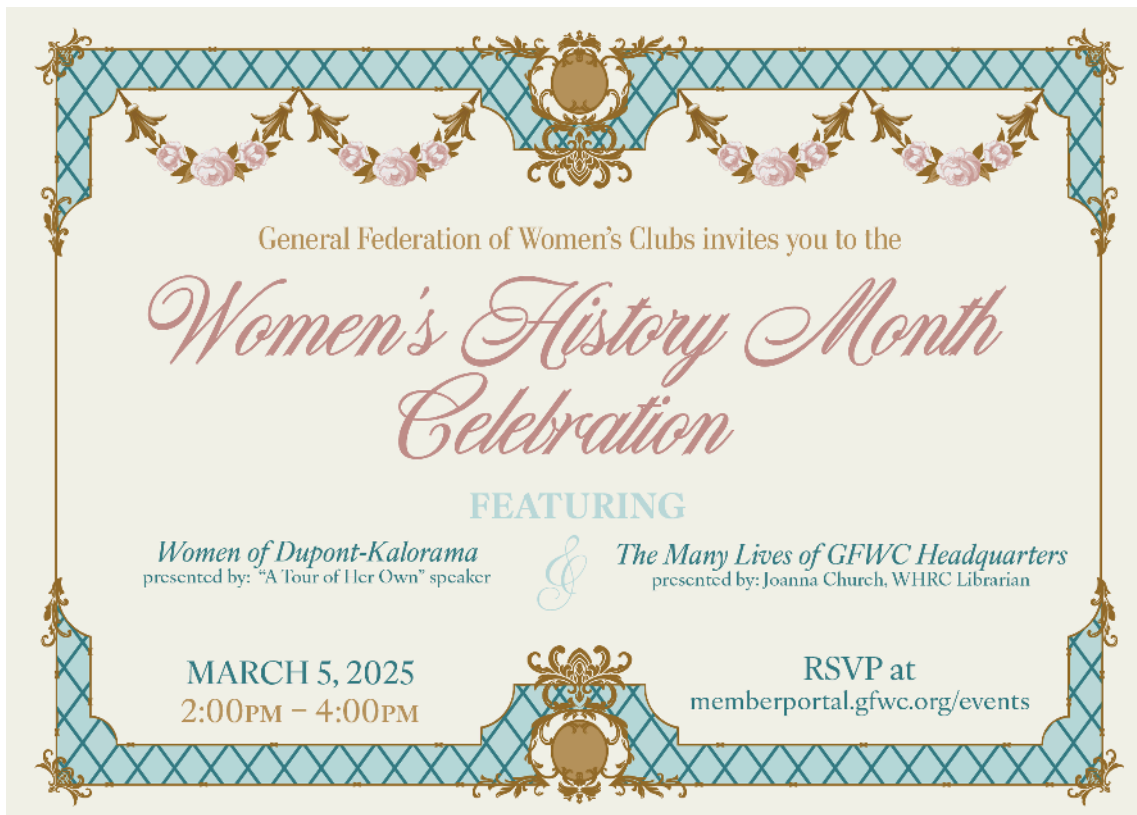
We will house the veterans and guides the night before their departure and celebrate their upcoming trip with a dinner to be held at the GFWC Lakeland Women's Club.

This project was launched during the 2024 GFWC Florida Fall Board Meeting with a presentation from Danielle Green of the Wounded Warriors Project. Many fundraisers by the district and individual clubs have raised over \$60,000 to date.

With the fundraisers set between now and late April 2025, we believe we will be somewhere around \$90,000. Our goal for this project is \$150,000, with any excess donations used for female veterans transitioning back to civilian life.

The words “Thank You for Your Service” are appreciated by every veteran. It shows that we understand the sacrifice they made in serving our country. To all the veterans across our great nation, “We Salute You.”

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You are invited to GFWC Headquarters on March 5 as we celebrate Women's History Month with a presentation of women's stories from the Dupont-Kalorama neighborhood. Learn more about the women who shaped this influential area of Washington, D.C., from local experts and network with local club members and professionals.

RSVP

Reserve a room at the Courtyard Marriott using a discounted GFWC rate [here](#).

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# Collecting GFWC's Oral History

By: Marian St.Clair, Women's History  
& Resource Center Chairman

GFWC history advances our continued success. It defines our values and traditions, provides a sense of identity and belonging, creates pride among our members, and connects us to a legacy.



Anise McDaniel (age 102), interviewed by Mary Catherine Gentry on January 8, 1997, in Clinton, Mississippi. Anise was a member of the Culture Club of Goodman, Mississippi, 1928-1944. She was also a member of the Maids and Matrons Club of Clinton." *WHRC Oral History Collection, OH 0135*

Oral histories have played a particularly important part in documenting our past. They provide a richer understanding of our history by sharing individual experiences that capture details and insights that could otherwise be lost, and they offer a more personal and emotional understanding of events. Over the years, much of GFWC's history has been provided by members, and it's important that we continue to collect and preserve GFWC history for future generations. Consider adding to our rich history by documenting the oral history of key members in your club and state.

Not sure what this involves? Here are a few quick tips for collecting an oral history:

- Identify members with stories to share about leadership, programs, membership, personal growth, community impact, historical events, and other pertinent topics.
- Plan to record the oral history interview with a simple, user-friendly device.
- When planning an interview, consider the member's background and historical time frame.
- Create a list of questions that ask when, what, who, and especially why and how, and frame your questions so that they evoke memories and conversation.
- During the interview ask one question at a time, listen carefully without interrupting, jot down follow-up questions or thoughts, and maintain a positive and relaxed atmosphere.
- Limit the session to 90 minutes or no more than two hours. Schedule a second interview if needed.
- Transcribe the interview so that the information is easy to access and use.

Please help us preserve GFWC history for future generations! It is a fun and easy process—one that you enjoy and offers many rewards.



Download the WHRC Guidelines for Recording Oral Histories from the Digital Library for step-by-step instructions, sample questions, and interview forms. For additional information or assistance, or to donate your interview(s) to the Women's History and Resource Center collections, contact WHRC Chairman Marian St.Clair or WHRC Librarian Joanna Church.

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## **Wearing Your Branding Attire in the 21st Century**

By: Brooke Huddleston, GFWC  
Communications and Public Relations  
Committee Member

In today's professional landscape, branded attire plays a crucial role in building your club's identity and credibility. Wearing your GFWC logo isn't just about uniformity – it's about representing GFWC with professionalism, unity, and pride.

GFWC clothing helps create a consistent image, reinforcing trust with the community and making members easily recognizable. It also fosters team spirit, giving members a sense of belonging and pride in GFWC. Beyond meetings and club events, wearing GFWC apparel in public serves as a marketing tool, increasing GFWC's visibility and recognition.

To make the most of branding attire, it's essential to maintain a neat and professional appearance. Well-kept clothing demonstrates attention to detail and respect for the club's image. Members should choose attire appropriate for different settings – whether it's a casual event or a formal business meeting – and understand that wearing GFWC attire means always being a representative of the organization.

GFWC offers modern, comfortable, and stylish options that allow for personal expression while maintaining the brand's integrity. Encouraging members to embrace GFWC attire and educating them on its importance can help build a stronger club culture.

Ultimately, wearing GFWC attire is an opportunity to display a commitment to excellence and stand as an ambassador for the brand. It's not just about what

you wear, but how you wear it – with confidence, pride, and professionalism.

Head to the [GFWC Marketplace](#) to purchase GFWC attire.

Wear your brand. Own your impact.

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**\*NEW ADDITION\***

**MARCH 19, 2025 @ 7 p.m. ET - When Passion and Purpose Collide**

Ann Lauer, Quilt Pattern and Fabric Designer and GFWC Arts & Culture Honorary Chairman.

During this webinar, you will hear how traveling in Bwindi, Uganda, to see mountain gorillas brought Ann Lauer's passion for fabric art full circle as she was introduced to Ride 4 Woman. This non-profit organization supports local women struggling with domestic violence, poverty, and homelessness. Ride 4 Woman teaches these women to sew and quilt to earn a living. Register and listen to this intriguing story.

<https://bit.ly/4hJccQO>

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## Join the Peachtree Raffle 🍑

By: Judy Martin, GFWC Fundraising Chairman

Excitement is building for an inspiring GFWC Annual Convention in Atlanta, and preparations for our visit to the Peach State are well underway! The GFWC Fundraising Committee is busily preparing for the Peachtree Raffle to be held during the Convention.

We encourage you to donate items to be used as prizes. Jewelry, gift cards, handbags, and electronics are always a big hit. Members, clubs, districts, state

federations, and regions can all work together to bundle smaller items to create wonderful prize packages.

A minimum value of \$100 is suggested for each prize, but all donated gifts are welcome. The Fundraising Committee will be happy to combine any donations received to create the perfect prize. Members can showcase crafts, products, services, or other items that are unique to you or your geographic area. All prizes must be new.

Please be thoughtful of attendees who travel by air, and select items that are small, lightweight, and easy to pack. Themed prize packages are always popular. For example, an evening bag, jewelry, and wrap could be combined for "A Night on the Town" prize, or small pet accessories could be added to a gift card from a national pet store for a "Round of A-Paws" prize.

If you would like to donate items for the Peachtree Raffle click [\[here\]](#) for the Raffle Donation Form. The deadline for submitting your completed form is May 1.

Raffle tickets may be purchased in advance through the Registration portal. The Fundraising Committee will also have tickets for sale at the GFWC Annual Convention. We look forward to seeing you and naming our Peach Tree Raffle winners in Atlanta. Thank you for your support of this peachy project!



**Your Pet and Wallet Deserve Better**



Spot knows that pets can have unique health needs, which is why our pet insurance policies are customizable to fit your pet's needs. You can choose your coverage level, deductible, and reimbursement rate. Spot's insurance plans give you the freedom to make the best decisions to help you manage your pet's veterinary care. SPOT Pet Insurance offers:

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- 90% Cash Back on covered vet bills.
- 24/7 Pet Telehealth: Unlimited access to virtual veterinary care.
- Spot Perks: Discounts on premium pet products and services.

Protect Your Pet



Extend a warm welcome to the newest GFWC clubs in 2025!

Foothills Women's Society – GFWC, North Carolina  
GFWC KY Diane Mitchell Juniores, Kentucky

\* Clubs that have been recognized were submitted by their state federations through the submission of a [New Club Form](#) to GFWC Headquarters.

**Volunteers in Action:**  
**GFWC Georgia Wears Red!**



GFWC Winder Woman's Club and GFWC Athens-Oconee Junior Woman's Club made birthday boxes filled with cake mixes and candles to donate to their local food pantry.



GFWC Four Corners Woman's Club wore red for Women's Heart Health and filled bags with treats to celebrate Valentine's Day with a local senior living community. Members also tested their heart health knowledge and created metal folk art designs.

## Want your club project to be featured in an upcoming issue of News & Notes?

Simply send your full club name, State Federation, and 100 words describing your club's favorite project to [PR@GFWC.org](mailto:PR@GFWC.org).  
Make sure to add a great action shot or two that brings your project to life!



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